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SAUL S*Ut STE MARIE ,-.*KY

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: NURSING THEORY I

Code No: RNA 103

Program: NURSING ASSISTANT

Semester: ONE

Date: FEBRUARY 1988

Author: MICHELLE JOHNSTON

New: Revision: X

APPROVED: Chairperson

Date

Course Name

Course Number

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COURSE DESCRIPTION:

The purpose of this, course is to prepare the student to use the nursing process in assisting the client to maintain and promote adaptation. Nursing is viewed within the context of Roy's Adaptation conceptual framework. Emphasis is given to the theory and skills necessary for effective communication in promoting adaptation.

In each of the four modes; Physiological, self-concept, role and interdependence, the norms for various age groups are described, ordinary health problems are presented with health maintenance measures to promote adaptation. Attention is directed toward an understanding to the cultural and health needs of the aging population.

COURSE OBJECTIVES:

1. Define the key concepts of Roy's adaptation model.
2. Have knowledge of health maintenance measures which promote adaptation. .
3. Understand the concept of Nursing Process and its application in the provision of health care.
4. Have knowledge of communication theory.
5. List and describe health measure which promote adaptation through nutrition, sleep, rest and exercise, safety precautions, elimination of skin, bowel, bladder and hygiene.
6. Itemize and discuss health measures which promote adaptation through fluid and electrolytes balance, oxygenation and circulation, and the senses.
7. Develop an awareness of the spiritual needs of individual.
8. Have knowledge of the concepts of death and the grieving process.
9. Can describe the importance of development of self-concept, role function and interdependence in each individual.
10. Be familiar with nurse's role in the provision "wholistic" care.

Course Name

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TYPE OF TEACHING, LEARNING METHODS TO BE USED:

- reading from text, periodically
- lectures
- group discussion/seminars
- guest speakers
- student presentations
- A.V. films/slides, tapes/filmstrip, overheads, videotapes, role play, simulations

METHOD OF ASSESSMENT:

Test	#1	18%
	2	25%
	3	13%
See	4	23%
policies	5	21%
Total		100%

All tests remain the property of Sault College. u

GRADING:

A+	90% +
A	80% - 89%
B	70% - 79%
C	60% - 69%
I	59% & below

Competency level required in order to receive a passing grade: 60%.

Attendance Rules: Classes are mandatory, see "Policies" booklet on attendance.

Conduct Expectations: Students must be on time for all classes and prepared for classes.

Evaluation of delivery of this course will be during week 16, before May 20, 1988

Texts: KOZIER, B. & ERB, G.L, FUNDAMENTALS OF NURSING - CONCEPTS & PROCEDURES, 2nd edition, Addison-Wesley Publications, Menlo Park, California, 1983.

URDANG, L., SWALLOR, H.H., MOSBY'S MEDICAL & NURSING DICTIONARY, C.V. Mosby Co., Toronto, 1983.

OR

MILLER AND KEANE, ENCYCLOPEDIA AND DICTIONARY OF MEDICINE, Nursing and Allied Health, Saunders, 4th Edition

BOOKS IN THE LIBRARY TO BE- USED FOR REFERENCE;

TEXTBOOK OF MEDICAL-SURGICAL NURSING, 5th edition, Brunne, Lippincott Co., Toronto, 1984

ESSENTIALS OF PEDIATRIC NURSING, 2nd edition, Whaley & Wong, Mosby, Toronto, 1985

ESSENTIALS OF MATERNITY NURSING, 2nd edition, Bobak, Jensen, Mosby, Toronto, 1987

APPLIED NURSING DIAGNOSIS, Gettrust, Ryan, Engelman, Wiley, Toronto, 1985

LABORATORY AND DIAGNOSTIC TESTS WITH NURSING IMPLICATIONS, Lefave Kee, Appleton Century Craft

SQUIRES BASIC PHARMACOLOGY FOR NURSES, 8th edition, Clayton, Stock, Aquire, Mosby, Toronto, 1985

SHACKELTONS NUTRITION ESSENTIALS AND DIET THERAPY, Poleman, Capra, Saunders Co., Toronto, 1984

PATIENTS RIGHTS, ETHICAL AND LEGAL ISSUES IN HEALTH CARE AND NURSING, J. Storch, McGraw Hill, Toronto, 1982

HEALTH AND PROMOTION IN NURSING PRACTICE, Appleton-Century Crafts, Toronto, 1982

NURSE-CLIENT INTERACTIONS, Sundeen-Stuart, Rankin-Cohen Mosby Co., Toronto, 1985

NURSING THEORY

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SEMESTER I

NURSING UNIT AND NUMBER OF HOURS		TEST	%
1	Communication (Unit XII) 2 hrs + Person Adapting (Unit I)	4 hrs	
2	Communication (Unit XII) 2 hrs + Health and Adaptation	4 hrs	
3	Communication (Unit XII) 2 hrs + Nursing Process	4 hrs	
4	TEST 1 (Unit I) Communication 1 hr + Exercise & Safety (Unit II)	4 hrs	18%
5	Communication (Unit XII) 2 hrs + Rest & Sleep (Unit III)	4 hrs	
6	Communication (Unit XII) 2 hrs + Nutrition (Unit IV)	4 hrs	
7	TEST 2 (Unit XII) 1 hr + Nutrition (Unit IV)	5 hrs	13%
8	TEST 3 (Unit II,III,IV) hrs + Elimination (Unit V)	4 hrs	25%
9	Elimination (Unit V) 2 + Fluids and Electrolytes (Unit VI)	4 hrs	
10	Elimination (Unit V) 2 hrs + Self Concept (Unit VII)	4 hrs	
11	Self Concept (Unit VII) 2 hrs + Circulation (Unit VIII)	5 hrs	23%
12	TEST 4 1 hr. Oxygen & Circulation (Unit VIII) 4 hrs + Role Function (Unit IX)	2 hrs	
13	Oxygen & Circulation (Unit VIII) 4 hrs + Senses (Unit X)	3 hrs	
14	Role Function (Unit IX) 2 hrs + Senses (Unit X)	1 hr	
15	Interdependence (Unit XI) 3 hrs + REVIEW (?) + TEST	j	21%
TOTAL HOURS: 90		TOTAL	100%